

Altamont and Lynnwood Reformed Churches Youth Ministries

ARC-y LRC-y Schedule of Activities - Winter/Spring Schedule 2018

***Saturday January 6th - 1:00 PM** - Snowshoeing/hiking at Five Rivers Environmental Education Center (56 Game Farm Road Delmar, NY 12054 <http://www.dec.ny.gov/education>). Youth will meet at the main building. Lesson and guided trek. If there is no snow, then there will be a guided walk through Five Rivers. There must be at least six inches of snow to snowshoe. There are snowshoes to rent for \$5.00 a pair. Also, there are a limited number of poles if anyone would like a pair (for balance). Everyone should wear either sturdy snow boots or good warm hiking boots. Layer appropriately as you will start out cold but get warm as you hike along. Parents are responsible for drop-off and pick-up at Five Rivers.

Friday February 23rd - Saturday February 24th- Times to be announced

30 Hour Famine (<https://www.30hourfamine.org/>) lock-in (sleepover) hunger awareness program and optional fundraiser for "World Vision."

- Youth ages 12 and up are invited to join another youth group at St. John's Lutheran Church, 140 Maple Ave, Altamont, NY 12009 for a lock-in overnight.
- Youth will fast for 30 hours and learn about hunger through feeling hungry, games, video, and other activities.
- Juice and water will be drunk throughout the famine, and food is available for anyone who has difficulty with the fast.
- Youth are invited to collect donations for the 30 Hour Famine, but it isn't required. Donations will go to "World Vision" (<https://www.worldvision.org/>), which helps the hungry worldwide.

We will email more information about this activity in January. Parents are responsible for dropoff and pickup at St. John's Lutheran Church.

***Sunday March 11th 1:00-3:00 PM** - Community Service at the Regional Food Bank Warehouse (965 Albany Shaker Rd, Latham, NY 12110 (www.regionalfoodbank.net/) Youth will meet at the warehouse where they will sort food. Parents are responsible for drop-off and pick up at the Food Bank.

***Sunday April 22nd 1:00-3:00 PM** - Laser Tag at Zero Gravity (1240 Central Ave, Albany, NY 12205 <https://zerogravitylaser.com>.) Youth will play three games of laser tag. Parents are responsible for drop-off and pick-up at Zero Gravity.

May - We are in the process of confirming an activity for May, tentatively Saturday May 12th. Look for more information soon.

June - End of Year Party at LRC -Additional information will be sent in the spring.

Permission slips (as needed) and more information will be sent out prior to each of these events.